

## Information for Staff, Patients and Caregivers

### How Coronavirus (2019-nCoV) Spreads

When the coronavirus spreads person-to-person the Center for Disease Control (CDC) believes it happens mainly through droplets produced when an infected person coughs or sneezes, similar to how the flu spreads.

### Symptoms

For confirmed 2019-nCoV infections, the illness ranges from people being mildly sick to people being severely ill. Symptoms can include:

- Fever
- Cough
- Shortness of breath

CDC believes at this time that symptoms of 2019-nCoV may appear in as few as 2 days or as long as 14 days after exposure.

### Prevention

There is currently no vaccine to prevent 2019-nCoV infection. CDC always recommends these actions to help prevent the spread of the virus, including:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw it in the trash.
- Clean and disinfect frequently touched objects and surfaces.