

# THERAPEUTIC TOUCH



*A non-invasive, holistic approach to healing based on an energy reaction between people.*

**January 22, 1998**  
**12:30 p.m. to 4:30 p.m.**  
**Hospice of the Valleys**  
**26936 Cherry Hills Boulevard**  
**Sun City, CA 92586**  
**Phone: (909) 672-1666**  
**Fax: (909) 679-5611**

*...offers a "high touch" counterpart to today's "high tech" health care environment.*

**3.5 RN contact hours available**

**Instructor: Cathleen Fanslow Brunjes, R.N., M.A.**

**To Register:**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Occupation \_\_\_\_\_  
 Employer \_\_\_\_\_

Fees are refundable until January 16, 1998 in the event of non-attendance by the licensee. Mail form to P.O. Box 686, Sun City, CA 92586.

## We've come a long way since 1983

Teamwork and community support brought a much-needed program for caring for the terminally ill to Sun City. A small group of past and present volunteers, who were among the first hospice training classes in November 1982 and 1983, gathered to share stories about the birth of Hospice of Sun City.

Donna Cumming, the only active grassroots volunteer, met with Lenn and Ruth Sparks, Chris Losey, Esther Vaughn and Kandy Marsh for a historical photograph and to relate their early experiences with the first hospice in Sun City.

Missing were the late Vivian Ketcherside and L. B. Twist who were instrumental in laying the groundwork for the much-needed hospice. Ruth felt it was high time the doctors learned about keeping a terminally ill patient comfortable through pain control.

Ruth was the first nurse to go into a patient's home after Hospice of Sun City opened its doors, September 15, 1983. She soon involved her husband Lenn who wrote the by-laws and became board president a few years later.

Donna was very reluctant at first to become involved. "I couldn't walk into a hospital room without fainting," she said. However, she found her niche in no time, eventually working as bereavement coordinator.

The first office was a far cry from the 3,300 square feet we now occupy. There was barely enough room to turn around in the two small rooms that are now the lobby of Bradley Plaza. Chris recalled, "We had to bring our own office supplies, we were so poor."

"I didn't even know what hospice was," said Kandy. Her neighbor, volunteer Fan McKey, invited her to a breakfast to learn about hospice. She remembers that they served 1/2 roll and 1/2 a glass of juice. "That's how poor we were."

The Hospice Thrift Shop evolved from a rummage sale at Kings Inn, called "The Treasure Trove." They raised about \$30,000 to open an office and hire an executive director—and the rest is history!



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