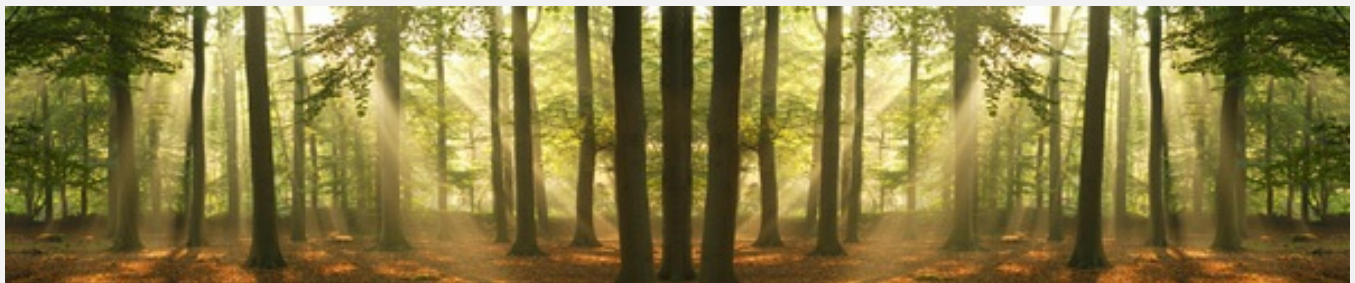


Hospice of the Valleys



Your Local Community Hospice.



APRIL 2015



TOP WORK PLACES 2014

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NATIONAL Volunteer Recognition WEEK



April 12-18

We thank our HOV Volunteers for all they are and all they do to help our patients have the best quality of life possible.

SOME OF THE MANY WAYS THEY HELP INCLUDE:

- Work in the office
- Make telephone calls
- Help with mailings
- Make Memory Bears
- Sit at the bedside to offer companionship
- Run errands for patients
- Offer respite to a tired caregiver
- Do pet therapy visits
- Arrange flowers for the Sunshine Club
- Help with fundraising, marketing & health fairs
- Make blankets, quilts, cards, bibs & wheelchair bags
- Sing in our HOV Harmony Chorus
- Teach Bible study for woman's bible group
- Play the harp for memorials

**Volunteers are truly "The Heart of Hospice"
for Hospice of the Valleys!**

Hospice of the Valleys

Invites You To A Special

Spring Memorial Service

Please join us for an afternoon of
song, prayer and remembrance.
Refreshments will be served.

**Saturday, May 2, 2015
2:00 - 3:30 p.m.**

Murrieta Public Library
8 Town Square
Murrieta, CA 92562

Please bring a
framed photo of your loved one.



Hospice of the Valleys
25240 Hancock Ave., Suite 120, Murrieta, CA 92562
951-200-7800 • www.HospiceoftheValleys.org



19TH ANNUAL



**BENEFITING OUR
PATIENTS & FAMILIES**

**South Coast Winery
Resort & Spa**
34843 Rancho California Rd
Temecula

**Sunday,
September 27**

**Doors Open 3:00 p.m.
Champagne Reception**



National Administrative Professionals Week

April 19th – April 25th

We are thrilled to honor our amazing admins during
National Administrative Professionals Week
coming up April 19th – April 25th.

Our Administrative Professional team made up of
Machele, Teresa, Liliana, Ally and Joyce
is the glue behind Hospice of the Valleys and we are so
grateful for all of their dedication and hard work!

A special shout out to Teresa, our agency's historian,
who celebrates 20 years with Hospice of the Valleys this month.

We appreciate these special women so much,
and thank them from the bottom of our hearts!

Event
4:00 p.m. to 8:00 p.m.

*Your ticket includes:
tastings from over 25
wineries, breweries,
restaurants &
chocolatiers.*

LIVE & SILENT AUCTION



TO PURCHASE TICKETS
951-200-7800

A Note From Our Executive Medical Director

Dr. Leslee B. Cochrane



RICE-N-BEANS

My pastor told a funny story last Sunday at church about an experience that he had while ordering some food at a restaurant during a mission trip to Belize. After studying the menu for a few minutes he placed his order but the waiter responded in thick Belizean Creole "no mahn." Taking this answer to mean that item was not available, my pastor then made a second and a third request; but each time heard "no mahn." Being somewhat perplexed, my pastor turned to the local missionary who was chuckling to ask what he was doing wrong. The missionary explained "you must ask the waiter what is available on the menu," which my pastor did. The waiter replied in a matter of fact tone "rice-n-beans," after which my pastor and the entire team all placed their orders for the best (and only) dish on the menu – "rice-n-beans."

We are blessed to live in a country with abundant food and lots of choices. For example, the typical McDonalds restaurant has about 145 items on the menu, which I guess explains why the car in front of you at the drive through window always takes such a long time to make up their mind. Although not everyone likes fast food, most everyone I know would agree that having a choice is a good thing. Making important decisions about your health is a lot harder than trying to pick out a menu item from McDonalds and to make matters worse, there are not prices or calories located next to the item to tell you how much it will cost and whether or not it is good for you.

Speaking of choices, did you know that if you have Medicare or a Medicare HMO plan that you have the right to choose your hospice? I believe that patients should know that in the same way that different restaurants offer different dining experiences, different Hospice providers offer different Hospice experiences. At Hospice of the Valleys we believe that you deserve to have your questions answered and we are committed to taking the time necessary to answer them. If you or someone you know would like to know more about hospice, feel free to give us a call at 951-200-7800 or visit us on the web at www.HospiceoftheValleys.org.



Celebrating Volunteers!



25240 Hancock Avenue, Suite 120
Murrieta, CA 92562 • (951) 200-7800
www.hospiceofthevalleys.org



Providing help and hope to
those with life-threatening illnesses

**Thank you for supporting
Animal Utopia &
Hospice of the Valleys!**

**\$1.00 of
Each Ride**

**will be donated to
Hospice of the Valleys
on the last Sunday
of every month!**



**Your children enjoy the ride
And you can feel good knowing you
are helping those in our community!**

The Will to Love:

By: Dr. Lynn Euzenas
Director of Spiritual Care & Bereavement Services



THE PRAYERS OF HOSPICE PATIENTS

I am certain that one prayer is not worth more than another. I am equally certain that God hears and receives all prayerful utterances of loving with equal attentiveness and care. But there is something special about the prayers of hospice patients.

The first time it happens, it catches you off guard. You visit a hospice patient, and upon leaving, you hear their voice following behind you, saying, "I am praying for you."

Hemingway said, "The world breaks everyone, and afterward many are strong at the broken places." People assume that hospice patients, closer to the end of life than we may be, are broken. But oh, such strength at the broken places they embody.

So many offer, "I pray for you and your family each time I see you." Richard, in his last days of battling cancer, spoke firmly: "My life is not yet finished, and while I am still here, I can still pray." One afternoon, Judith quietly reflected: "With each day that I weaken, I identify with those like me. I send them love and whatever understanding I am getting. They are not alone."

John reported that his depression and sadness was lifted one day while watching the news. He said, "I was so depressed that I could not get out of this hospital bed, but God came to me and told me, 'Hey, you still can pray...so get on with it.' So, I watch Fox News and pray for all the people who are in trouble."

One dear patient, Debbie, inquired one day what kind of wings she would have as an angel. After some serious reflection, she shared, "I am praying for the kind of wings I want, but I am also praying for all your patients, that they find the kind of wings they need."

When a hospice patient tells you that they are praying for you, it is impossible not to be humbled...to feel truly blessed...and to feel protected in ways one cannot fully even imagine.

THANK YOU

WICKED WINE RUN



**OVER 60 VOLUNTEERS
ASSISTED IN EUROPA
VILLAGE'S WICKED WINE
RUN LAST MONTH.**

SAVE THE DATE

WIENS
Family Cellars

HELPING TO SUPPORT



berlin

Friday, July 24

Hospice of the Valleys
will be receiving a
portion of the proceeds
from the evening.



NOTES FROM FRIENDS

Hospice of the Valleys serves hundreds of patients each and every year. We honor them by sharing their stories. They remind us every day of the meaning and purpose in our work and that human connection is at the heart of the hospice experience.

The following are notes Hospice of the Valleys has received from the families of patients that we have been privileged to provide hospice care.

"There are no words that can adequately express my gratitude for the loving and committed care she received while under your service."

"To the hospice workers who were involved in the care of my husband, I am so extremely grateful to you.

It gave me such peace of mind knowing you were there for him anytime, day or night if needed."



Please remember Hospice of the Valleys in your Trust or Will.
And, help us now with your kind donation.

[DONATE to Hospice of the Valleys](#)

Hospice of the Valleys is a non-profit 501(c)(3) organization

[Subscribe to Hospice of the Valleys' Newsletter](#)

**You can help Hospice of the Valleys
by choosing us as your charity of choice**

on **spreebird** 